

PGV4001PV UNIVERSAL VALUES

(THEORY)

2HRS/WK

LEARNING OUTCOMES:

On successful completion of the course, the student will be able to

- Comprehend universal values
- Appreciate the importance of self –realization in a social context
- Develop the right perspective towards universal values amidst modernization and globalization

COURSE CONTENT:

UNIT – I: MORALITY

8HRS

Right and wrong - Good and the Best- Conscience, Shame and Guilt - Gap between Moral Judgment and Moral Behaviour - Ethics and Morality – St. Paul (New Testament Epistles) a biographical sketch

UNIT – II: VALUES RELATING TO SELF ‘BECOMING’

7HRS

Self-awareness - Self-discipline (handling freedom)- Self-realization- Self-efficacy- Self-direction-

Self-enhancement – Abraham Lincoln, A.P.J. Abdul Kalam a biographical Sketch

UNIT – III: VALUES FOR CO- EXISTENCE

8HRS

Brotherhood, Freedom, Stewardship, Equality, Solidarity, Tolerance, Benevolence - Ethics of Reciprocity, Non – violence and Universal Peace - Pluralism and Inclusiveness- Mahatma Gandhi

Martin Luther King Jr. a biographical sketch

UNIT IV: SPIRITUALITY

7HRS

Religious vs. Spirituality - Sense of Coherence - Faith - Spiritual Intelligence: Spiritual Quotient

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Mother Theresa, Swami Vivekananda, a biographical sketch

REFERENCE BOOKS:

Abdul Kalam, A.P.J. Wings of Fire, Universities Press, India, 1999.print.

Bach, Richard, *Jonathan Livingston Seagull.*, Harper Collins India, New Delhi,2005. print.

Boss, J.A. (1999), *Analysing Moral Issues. Mountain View*, Mayfield Publishing Company, California, 1999

Chawla, N. *Mother Teresa: The Authorised Biography*, Thorsons / Element New York, 1998, print.

Coelho, P., *The Alchemist*. New Delhi: HarperCollins, India, 2005, print.

Gandhi, M.K. *Autobiography: The Story of My Experiments with Truth*. Beacon Press, Boston, 1976, print.

Johnson, S. *The Present*, Tranaworld Publishers, London, 2003..

Johnson, S. *Who Moved My Cheese?*, Vermilion, London, 1998, print.

Stephen. R. Covey, S. R., *The 8th Habit From Effectiveness to Greatness.*, Simon & Schuster, New York,, 2005, print.